

CURRICULUM VITAE

BERNARD PELLMAN SHAGAN, M.D.
National Provider Number - 1912925769

PRESENT POSITIONS

Faculty, Department of Medicine, and Co-section head, Section of Endocrinology
Monmouth Medical Center, Long Branch, NJ
Endocrine Clinic Attending Physician – Monmouth Medical Center

PREVIOUS POSITIONS:

Locum Tenens, Endocrinology
Aroostook Medical Center
Presque Isle, Maine September 11- 28, 2006

Private Practice
Endocrinology and Metabolism –closed 7/1/04

OFFICE ADDRESS: 255 Third Avenue
Long Branch, NJ 07740

HOME ADDRESS: 15 Long Bay Road
Jackson, New Jersey 08527
Telephone 732-928-3373

DATE OF BIRTH: September 29, 1935

EDUCATION:

College Harvard College, Cambridge, MA
1952-56 A.B. cum Laude, June 1956

Medical School New York University College of Medicine, NY, NY
1956-60 M.D., June 1960

POSTGRADUATE MEDICAL EDUCATION

Internship: Medical Intern
1960-61 Maimonides Hospital, Brooklyn, NY

Residency: Jr. Assistant Resident, Internal Medicine
1961-62 Maimonides Hospital, Brooklyn, NY

1962-63 Sr. Assistant Resident, Internal Medicine
Maimonides Hospital, Brooklyn, NY

1964-65 Chief Resident, Internal Medicine
Maimonides Hospital, Brooklyn, NY

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FELLOWSHIP:

- 1963-64 Fellow, Endocrinology & Metabolism
N.Y. University College of Medicine, NY, NY
- 1965-66 Fellow, Endocrinology & Metabolism,
The New York Hospital-Cornell Medical Center, NY, NY

LICENSES:

- State of New York, M.D. #86288 - August 23, 1961(inactive)
State of Tennessee, M.D. #11872 - May, 1979(inactive)
State of New Jersey, M.D. # 49925 - June, 1987

CERTIFICATION:

- National Boards of Medical Examiners, July 1961
Diplomat, American Board of Internal Medicine, April 1968
Diplomat, American Board of Endocrinology & Metabolism, 1973

MILITARY SERVICE:

- 1966-68 U.S. Army Medical Corps,
Honorable discharge with commendation, March 1968

FACULTY APPOINTMENTS:

- 1965-66 The New York Hospital-Cornell Medical Center
Assistant Physician, (Department of Medicine)
State University of New York, Downstate Medical Center
- 1969-75 Clinical Instructor in Medicine,
State University of New York, Downstate Medical Center
- 1975-79 Assistant Professor of Medicine,
East Tennessee State University, College of Medicine
- 1979-1984 Chief, Division of Endocrinology & Associate Professor of Internal Medicine,
(Leave of Absence, July 1981 - March 1982)
East Tennessee State University, College of Medicine
- 1985-1987 State University of New York at Stony Brook
Associate Professor of Clinical Medicine,
- 1988-1994 Hahnemann University School of Medicine
Professor of Clinical Medicine,
- 1994-2002 Medical College of Pennsylvania/Hahnemann University
Professor of Clinical Medicine,
- 2002 - present Drexel University College of Medicine
Clinical Professor of Medicine,

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HOSPITAL APPOINTMENTS:**FULL TIME:**

1965-66 **The New York Hospital-Cornell Medical Center**
Assistant Physician, Department of Medicine

1966-68 **Madigan General Hospital, Tacoma, WA**
(U.S. Army) Chief of Endocrine Clinic

1968 -69 **Coney Island Hospital (Affiliated with Maimonides Medical Center)**
Associate Chief, Endocrinology & Metabolism Division
1969 -79 Chief of Endocrinology & Metabolism Division
1970 -74 Physician-In-Charge, Medical Intensive Care Unit

1981-82 **Long Island College Hospital**
Chief, Division of Endocrinology and Metabolism

1984-85 **Nassau County Medical Center**
Associate Chairman, Department of Medicine
1985-1987 Acting Chairman, Department of Medicine
1/87-6/87 Associate Chairman, Department of Medicine

7/87 - 8/31/96 **Monmouth Medical Center**
Chairman and Program Director, Department of Medicine

9/96 - 11/30/96 **Monmouth Medical Center**
Director, Diabetes Program

SALARIED:

1987 - 1996 **Monmouth Medical Center, Long Branch, NJ**
Attending Physician
2000 – 2004 Attending Physician
2004 – present Senior Attending Physician

VOLUNTARY:

1968-79 **Maimonides Medical Center, Brooklyn, NY**
Assistant Attending Physician

1969-79 **Kings County Hospital, Brooklyn, NY**
Staff Physician

1979-80 **Bristol Memorial Hospital, Bristol, TN**
Attending Staff Physician
1980-81 Consulting Staff
1982-83 Attending Staff Physician

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SERVICE WITHIN HOSPITAL OR MEDICAL SCHOOL: (continued)

State University of New York at Stony Brook

Member, Executive Committee of the Department of Medicine 1984-87
 Senator, Faculty Senate 1985-87

Monmouth Medical Center

Member, Capital Budget Committee, 1987-1996
 Member, Credentials Committee, 1987-1996
 Member, Critical Care Committee, 1987-1996
 Member, Education Task Force, 1987-1996
 Member, Executive Committee, 1987-1996
 Chairman, Medical Advisory Committee, 1987-91
 Member, Medical Education Committee, 1987-1996
 Member, Quality Assurance Committee, 1987-1996
 Chairman, Scientific Staff Meeting, 1987-89
 Chairman, Ethics Committee, 1991-1996
 Diabetes Subcommittee Clinical Practices - 2005

MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES:

American College of Physicians

Member 1974-77
 Fellow 1977-present
 Judge, National Abstract and Poster Competition, several years.

American College of Physicians, New Jersey Chapter

Council Member 1989-present
 Secretary Treasurer 1991-present
 Governor Elect 1995-April,1996
 Governor April,1996-2000
 Judge, Associates Oral Presentations and Poster Competition, several years.

American Diabetes Association

Member 1975- December 2006

New York Diabetes Association (and N.Y. Diabetes Affiliate of ADA)

Member 1974-79, 1985-1987
 Member, Professional Section, 1996-1979, 1985-1987
 Member, Professional Education Committee, 1976-1979 (Chairman,1978-1979)\
 Member, Governing Council, 1976-1979
 Member Committee for the 25th Annual Symposium, 1977
 Co-Chairman, Membership Committee, 1985-1986
 Secretary-Treasurer, 1985-1986
 Member, Program and Symposium Committee, 1986-1987
 Chairman, Membership Committee, 1986-1987
 Vice-Chairman, Clinical Society, 1986-1987

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MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES: (continued)

- Tri-Cities Diabetes Association
 Member 1980-83
 Member, Board of Trustees, 1980-1983
- The Endocrine Society
 Member 1982-present
- Association of Program Directors in Internal Medicine
 Member 1984-1996
- Association for Hospital Medical Education of New Jersey
 Member 1991-1996
- American Association of Clinical Endocrinologists
 Member 1992-present
- Juvenile Diabetes Foundation
 Member 1992-1996
- American College of Endocrinology
 Fellow 1994-present
- Monmouth County Medical Society
 Member 1996 - 2000
- Medical Society State of New Jersey
 Member 1996 -2000

OTHER PROFESSIONAL ACTIVITIES:

- 1975-77 Consultation practice in Endocrinology & Metabolism, Brooklyn, NY
- 1979-83 Practice of Endocrinology & Metabolism, University Physicians Practice Group, East Tennessee State University
- 1983-present Consultant to pharmaceutical companies in regard to diabetes and metabolic disease
- 1985-present Editorial Board of "Diabetes Self-Management", Member
- 1987-2004 Consultation Practice in Endocrinology & Metabolism, Long Branch, NJ
- 1996 to 2004 Private Practice of Endocrinology and Metabolism, New Jersey
- 3/05 –present Diabetes Council Department of Health and Senior Services, New Jersey (Member Clinical Services Subcommittee)

RESEARCH:

- 1955-56 Harvard College; Studies on the Respiration of the Prothoracic Gland of Cecropia (Silkworm) Larvae with Dr. William Van der Kloot
- 1957 NYU College of Medicine; Studies of the Amino Acid, diamino pimelic acid
- 1960 NYU College of Medicine; Corticosteroid Reversal of Morphine Anti-diuresis with Dr. Kupperman
- 1963-64 NYU College of Medicine; Immunoassay of Luteinizing Hormone and Human Chorionic Gonadotropin by Tanned Red Cell Method with Dr. H. Kupperman
- 1965-66 NY Hospital, Cornell; Gas Chromatography of Androgens with Drs Peterson & M. New

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1968-74 Coney Island Hospital; Methods of Assay of Steroid Hormones by Competitive Binding
 1974-79 Coney Island Hospital; Secretion of Vasopressin, NIH Grant # R01AM16175, with
 Drs. A. Kagan, S. Friedman and M. Wheeler

INVITED LECTURES, PAPERS, PRESENTATION: (partial list)

From 1976 to 2007 over 80 lectures by invitation on various topics, primarily the Modern Management of Diabetes Mellitus. Recent lectures on that and other topics have included lectures in:

Del Ray Hospital	Del Ray, FL
Palmetto, Medical Center	Palmetto, FL
Georgia Baptist Hospital	Atlanta, GA
The Medical College of Georgia	Augusta, GA
Greenville Memorial Hospital	Greenville, SC
East Tennessee State University	Johnson City, TN
Burlington County Society of Orthopedic Physicians & Surgeons	Marlton, NJ
State University of NY Health Sciences Center	Stony Brook, NY
Akron City Hospital	Akron, OH
St. Mary's Hospital	Hoboken, NJ
Boca Raton Medical Center	Boca Raton, FL
Memorial Hospital of Salem County	Salem, NJ
Atlantic City Medical Center	Atlantic City, NJ
North Broward Medical Center	Pompano Beach, FL
Pt. Pleasant Hospital	Pt. Pleasant, NJ
East Orange General Hospital	East Orange, NJ
American Diabetes Association, Pennsylvania Affiliate	Lancaster, PA
American Diabetes Association, Garden State Affiliate	New Jersey
Christ Hospital	Jersey City, NJ
New York Eye and Ear Hospital	New York, NY
NJ Chapter American College of Physicians	Meadowlands, New Jersey
St. Barnabas Hospital	Livingston, NJ
Maimonides Hospital	Brooklyn, NY
American College of Physicians, 1998 National Meeting	San Diego, CA
Annual meeting NJ Chapter ACP including 2007	Woodbridge, NJ
Three scheduled lectures and one Emergency substitution lecture	
Monmouth Medical Center – Medical Grand Rounds, April 2005	
Long Branch, New Jersey	
Princeton University Medical Center, Medical Grand Rounds	
March, 2007	Princeton New Jersey
Monmouth Medical Center – All Housestaff Endocrine Lectures	Long Branch, NJ
2002-present	

BIBLIOGRAPHY:

Beck P, Shagan BP, Cutler A, Kupperman HS: Comparison of an immunologic pregnancy test with the rat ovarian hyperemia test. *Obst. Gynec.* 1965;25:528-530.

Shagan BP, Friedman SA, Allesandri R: Diabetic osteopathy: Report of a relentlessly progressive case with clinico-pathologic correlation. *J American Geriatric Society* 1973;12:561-565.

Friedman SA, Shagan BP: Raynaud's phenomenon in hypothyroidism. *Angiology* 1976;27:18-25.

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Shagan BP: Diabetes and aging. *Medical Clinics of North America* 1976;60:1191-1207.

Shagan BP: Is diabetes a model for aging? *Medical Clinics of North America* 1976;60:1209-1211.

Shagan BP, Friedman SA: Raynaud's phenomenon and thyroid deficiency. *Archives of Internal Medicine* 1980;140:832-833.

Shagan BP: Multiple injection technique, the maximal conventional treatment. *Practical Diabetology* 1984;3:1-4.

Shagan BP: Starvation: An approach to the treatment of the obese noncompliant patient with diabetes. *Practical Diabetology* 1984;14-15.

Shagan BP: Massive parathyroid hyperplasia: An interesting case. *Contemporary Surgery* 1985;26:45-50.

Shagan BP: Multiple daily injections: The poor man's pump. *Diabetes Self Management* 1985.

Shagan BP: What are diabetes? *Practical Diabetology* 1986;5:1-3.

Rosner F, Shagan BP, Wallace EZ: The awarding of honors to medical clerks. Results of a national survey. *New York State Journal of Medicine* 1989;89:562-565.

Shagan BP: Does anyone here know how to make insulin work backwards? Why sliding scale insulin coverage doesn't work. *Practical Diabetology* 1990;9:3:1-4.

Shagan BP: The Lowdown on High Blood Pressure. *Diabetes and Hypertension. Diabetes Self Management* 1991.

ABSTRACTS:

Friedman SA, Shagan BP: Raynaud's phenomenon in hypothyroidism. First Annual Meeting of the American College of Angiology. Presented in San Juan, Puerto Rico. February 23 -March 2, 1975.

Shagan BP, Verghese A: The use of long-acting insulin with preprandial regular insulin as a practical means of controlling otherwise difficult to control ambulatory patients. Abstract #285. *Diabetes* 31:Supplement 2, May 1982; pg. 73-A.

D. Westring, Shagan BP: Compliance with faculty evaluation procedures; why it isn't 100%. Presented in Chicago, Annual APDIM Spring Meeting, April 24-25, 1990.